

Vorläufiger Zeitplan:

Samstag, 24. Juni 2023

Stand: 21.06.2023

Männer	MJ U18	Zeit	Frauen	WJ U18
	Hoch	11:00	5.000m Z	Speer
		11:15		
5.000m Z		11:30		
Drei		11:45		
		11:50		3.000m
		12:00		Stab
	3.000m	12:05		
		12:10		
		12:20		400m Z
Speer		12:30	400m Z	
	400m Z	12:40		
400m Z		12:50		
		13:00	Hoch	
	Drei	13:05		100m VL
		13:25	100m VL	
	100m VL	13:45		
100m VL		14:00	Speer	Drei
		14:15		
4x400m X Z		14:30	4x400m X Z	
Hoch		14:40		100m HF
		14:50	100m HF	
	100m HF	15:00		
100m HF		15:10		
		15:20	800m Z	
800m Z		15:30	Stab	
		15:40		
	Speer	15:50		100m F
		15:55	100m F	Hoch
	100m F	16:05		
100m F		16:10	Drei	
3x1000m Z		16:20		
		16:30	3x800m Z	
		16:40		800m Z
	800m Z	16:50		

Änderungen vorbehalten.

Sonntag, 25. Juni 2023

Stand: 21.06.2023

Männer	MJ U18	Zeit	Frauen	WJ U18
	1500m Z	10:00		Weit
	Diskus	10:10		1500m Z
1500m Z		10:20		
	Stab	10:30	1500m Z	Kugel
		10:45		400m Hü Z
		10:55	400m Hü Z	
	400m Hü Z	11:05		
400m Hü Z		11:15		
Diskus		11:30		
		11:40		100m Hü VL
	Weit	11:50		
		12:00	100m Hü VL	
		12:10	Kugel	
	110m Hü VL	12:20		
		12:30		
110m Hü VL		12:40		
		12:55		100m Hü F
Weit		13:00		Diskus
		13:10	100m Hü F	
	110m Hü F	13:20		
110m Hü F		13:30		
Stab		13:30		
Kugel		13:45		200m Z
		14:00	200m Z	
	200m Z	14:15	Weit	
200m Z		14:30		
		14:45	Diskus	
	Kugel	15:00	4x400m Z	
4x400m Z		15:10		
		15:25		4x100m Z
	4x100m Z	15:40		
		15:55	4x100m Z	
4x100m Z		16:10		

Änderungen vorbehalten.